





FOUNDER + ORGANIZATION PRO


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Mary Ellen Lundy is the founder and organization pro at An Eco • Organized Approach®. Having held a previous career in special education, Mary Ellen is uniquely equipped to support her clients no matter their mindset or lifestyle. She is passionate about creating organizational solutions that are sustainable for the long-haul, giving back to the local community and reducing the waste that ends up in landfills. When she's not organizing or recycling, Mary Ellen enjoys spending time with her family in Stoughton, Massachusetts.

SAMPLE QUESTIONS

- How do you raise awareness of sustainability locally?
- How do you tailor your process for clients with different mindsets—like busy parents vs. someone downsizing?
- What role does sustainability play in your organizing process?
- What's a common misconception people have about getting organized?
- How do you help clients recycle or repurpose things instead of just throwing them out?

SUGGESTED TOPICS

- Textile Recycling
- It's OK to Ask for Help in Your Home
- Daily Habits for Organizing Your Space
- The Toll of "Too Much Stuff" on Your Mental Health
- 40 Days 40 Items Challenge
- Virtual Organizing
- When to Hire an Organizer
- 10 to 15 Minute Organization Projects
- Favorite Ways to Donate Items